

What is Faith?

For the month of October, we are going to focus on **understanding, exercising, and growing** your **FAITH**.

Two verses from the book of Hebrews will get you started on this journey.

Now faith is confidence in what we hope for and assurance about what we do not see.

-Hebrews 11:1

The writer of Hebrews defines faith as a strong belief in something that you cannot tangibly or explicitly prove.

It would be helpful to understand FAITH as having two sides. One side being intellectual knowing and belief, with the other side being a trust-filled confidence to act.

The second verse:

And without FAITH it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him.

-Hebrews 11:6

5 Important Truths about FAITH

#1. Without FAITH you cannot please God.

#2. Throughout Scripture, you'll see the words FAITH and BELIEVE used interchangeably.

#3. The source of your FAITH determines the quality of your faith.

#4. Your FAITH determines your actions.

#5. What/Who/Where you place your FAITH determines the results of your actions.

5 important truths about Faith from Hebrews 11:6

#1. Without Faith it is impossible to please God. Every area of your life should somehow be connected to your faith in God and the hope of His promises you find in Scripture.

#2. This verse is a great example of how FAITH and BELIEF are used interchangeably in Scripture. We can understand FAITH as a strong belief and trust.

#3. God wants you to place your FAITH in HIM, WHO He is and WHAT He's capable of doing. The things you place your faith in really matter.

#4. Your faith will determine how you ACT. This passage tells us that those who believe in God will earnestly SEEK Him. Belief causes action. What you believe determines how you act.

#5. Faith in God results in REWARDS! God is in the business of blessing His people, and it's through faith, your belief in God, that prompts Him to reward you.

Personal Reflection + Journal Prompts:

Take some time to reflect and write about your experience and desire for faith.

- Identify one area of your life where you feel a need to exercise your faith.
- How would you describe your faith in this season?
- How have you experienced your faith challenged in the last 3 months?
- Have you ever felt God rewarded you for acting by faith in some way?
- What is one way you can "*earnestly seek God*" (Hebrews 11:6) this week?
- What is one way you can please God by acting in faith this week?