



### Prayer Updates

- Cherith will be at Camp Hebron for a week of Summer Camp
- I'll be leading a week-long family retreat at the end of July
- Working with BCM's Latin American Director for his leadership event
- For continued support so I can go full-time with BCM

### To Join our Support Team

Go to:

[www.bcmintl.org/give](http://www.bcmintl.org/give)

When asked to "choose your designation" type: **"Garrett"**

My SUPPORT FUND number and name will show up like this,  
**"19371 – Lowe Garrett – Support Fund"**



### You Cannot Live by Bread Alone

As I've been reflecting on the month of June and all that God has been doing in my life and in the lives of those around me, I am struck by just how important His Word is for living what Jesus calls, "an abundant life".

In Matthew 4:4, Jesus said, *"Man shall not live by bread alone, but by every word that comes from the mouth of God."*

I love a fresh piece of homemade sourdough as much as the next guy, but Jesus makes it clear that in order to live an abundant life, we need to be feasting on, and living according to, His Holy Word. I love that God has led me and my family to a ministry where God's Word takes prominence.

BCM stand for ***Bible Centered Ministries***.

### Mission work is both global AND local.

**Global:** I've begun working with the Latin American Director of BCM on putting together content for his leadership event coming up in the next few months to equip and empower new missionaries in Latin America.

**Local:** Over the last several months, Heather and I have had the joy of seeing our next-door neighbors commit their lives to Jesus!

As we've simply engaged in conversations about the state of the world, questions they have about the Bible and Jesus, and sharing meals together, they have shared that they are "All in for Jesus!" Amen!!

We have started a Bible study in their garage, and we are currently going through the book of Galatians!

### Road trip to Colorado

It's always a blessing when you can combine ministry with a little bit of family fun and quality time. One of my good childhood friends asked me to officiate his wedding in the middle of June. He lives in Colorado, so our family decided to make a road trip out of it!

We got to see some of Middle-America while we toured some capital cities as well as state and national parks. We also got to take our daughter to the Focus on the Family Headquarters where she got to experience Whit's End and Adventure's in Odyssey! The wedding celebration was amazing and were happy to be able to serve him and his family while in Colorado.